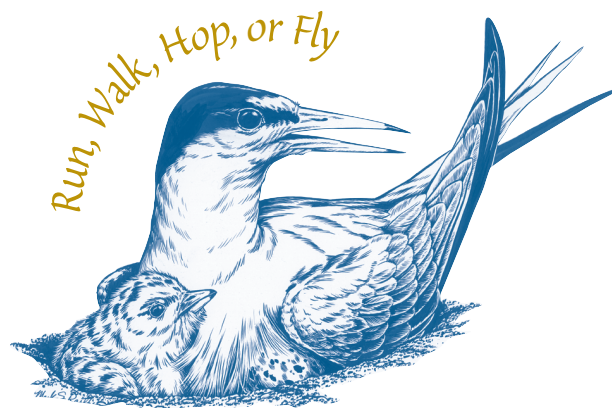


## SPONSORS:



# to the Missouri BIG RIVERS Endangered Species WALK/RUN

October 4, 2003

## REGISTRATION:

**By mail:** Postmark deadline is September 22. Please check the appropriate circles on the adjoining page to register for the walk/run and T-shirt. Age 14 and younger, \$10 per entry. Age 15 and older, \$15 per entry. All adult-sized shirts are \$15, regardless of participant's age. An additional \$3 fee per entry must be included if postmarked later than September 22. No confirmation will be sent.

**Make checks payable to Missouri Conservation Heritage Foundation.** Mail to Missouri Conservation Heritage Foundation, Endangered Species Walk/Run, P.O. Box 366, Jefferson City, MO 65102-0366.

**Race day:** Age 14 and younger, \$13 per entry. Age 15 and older, \$18 per entry.

## PACKET PICKUP:

**Race day:** under the pavilion, 8–8:45 a.m.

**Early pickup:** At the Missouri Department of Conservation headquarters, 2901 W. Truman Blvd. in Jefferson City, October 3, 8:00 a.m. to 5:00 p.m.

## AWARDS:

**Overall:** First male and female from each race.

**Age groups:** First three male and female finishers in each 10K run, 5K run and 5K walk divisions: 10 and younger, 11–14, 15–19, 20–29, 30–39, 40–49, 50–59, 60 and older.

## SAFETY CONCERNS:

No headphones or pets allowed on the trail. Strollers/joggers are welcome, but must stay at the end of the lineup at start.

Missouri Big Rivers Endangered Species



# WALK/RUN

# Missouri Big Rivers Endangered Species

# WALK/RUN

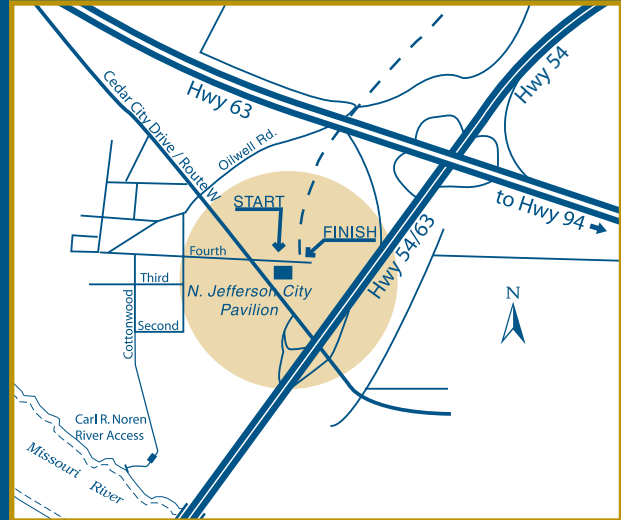
**WHEN:** **Saturday, October 4, 2003.** Rain or shine.  
9:00 a.m. start time. Race packets available from  
8:00 to 8:45 a.m. at the pavilion.

Participants may register for a 10K run, a 5K run  
or a 5K walk. The 5K walkers' course will be  
separate from the 5K and 10K runners' course.

**WHAT:** **Course: 10K Run:** The race starts and  
finishes at the North Jefferson City Pavilion, with  
the first mile on Oilwell Road, then turn right on  
the Katy Trail to the trail head, continue east out  
and back 1.5 miles on the Katy trail; then finish  
on the Katy trail spur to the pavilion.  
**5K Run:** The same course as the 10K minus the  
1.5 miles east out and back on the Katy Trail.  
**5K Walk:** Out and back, flat, paved course to the  
Carl R. Noren River access.

**WHY:** Your contribution will go to the Missouri  
Conservation Heritage Foundation to help  
restore habitat, do research and support  
education projects for endangered animals  
and plants in Missouri.

**WHERE:** **North Jefferson City Pavilion,** Jefferson City,  
Missouri. The pavilion is near the Katy Trail at  
the intersection of highways 63 and 54.



## MISSOURI ENDANGERED SPECIES WALK/RUN 2003 ENTRY FORM

Name (last, first, middle initial) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime phone \_\_\_\_\_ Your age as of race day \_\_\_\_\_ ☐ Male ☐ Female

CHOOSE ONE RACE: ☐ 10K run ☐ 5K run ☐ 5K walk

CHOOSE ONE LONG-SLEEVED T-SHIRT SIZE: **Youths** ☐ M ☐ L **Adults** ☐ S ☐ M ☐ L ☐ XL

ENCLOSED IS MY NON-REFUNDABLE ENTRY FEE:

☐ **\$10** I am 14 or younger, and I am ordering a youth-sized shirt.

☐ **\$15** I am 14 or younger, but I would like an adult-sized shirt.

☐ **\$15** I am 15 or older, and I am ordering an adult-sized shirt.

☐ **\$18 or more.** I will not be participating, but would like to make a donation and receive a T-shirt.

\$ \_\_\_\_\_ total amount enclosed.

**T-shirts are limited.  
Please register in advance.**

WAIVER AND RELEASE: I, the undersigned, in consideration for running/walking in the Endangered Species Walk/Run, for myself, my heirs, assigns and personal representatives, hereby waive, release and promise not to sue the Department of Conservation, U. S. Fish and Wildlife Service, Department of Natural Resources, Jefferson City Parks and Recreation, Missouri Conservation Heritage Foundation, race directors, all sponsors, and the officers, agents and employees of those entities for any injury or damage I suffer as a result of my participation in this event. I realize and assume the risks involved in running/walking in an event of this length and nature, and those involved in running/walking on public roads with vehicular traffic and other runners/walkers. I certify that I have properly trained for the event and that I will run/walk it on foot without wearing headphones. I understand that in signing this waiver and release I am giving up valuable rights, though it is not possible to know what damage I might suffer. I am releasing the above named entities from all responsibility or liability. I have read this waiver and release and am signing with full understanding of its full meaning and knowing it is a binding legal document. (Must be signed by participant and, if under 18, by a parent also.)

Signature of entrant (parent or guardian if under 18) \_\_\_\_\_

Date \_\_\_\_\_

